





February 2012 Activities

Grand Haven Activity Center • 616-842-9210 • Hours: Mon. - Fri. 8:00 am - 4:00 pm

Please call to confirm scheduled events!

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat	
			<p>1 9:00 Beg. Line Dance 9:30 Line Dance 11:00 COMPUTER CONFIDENCE 12:00-1:00 Soup & Salad Bar 1:00 Euchre 1:00 COMPUTER CONFIDENCE 2:00 Gentle Yoga</p>	<p>2 Groundhog Day 9:00 Stretch & Tone 10:00 Crafters 10:00 Lessons in Watercolor 11:00 Hands Up! 1:00 Cribbage 1:00 Zumba Gold  5:00 Dinner Club</p>	<p>3 9:30 Bingo 9:30 Beg. Line Dance 9:30 Gentle Yoga 10:00 Line Dance 10:00 Mail Run 11:00 Tap Dance 12:00-1:00 Soup & Salad Bar 1:00 Bridge 1:00 Hand & Foot 1:00 Gentle Tai Chi</p> 		
	<p>6 9:00 Advisory Council 10:00 Tai Chi 10:30 Scrabble 1:00 Bingo 1:00 Zumba Gold 2:00 Gentle Yoga</p>	<p>7 <i>Knitting</i> Tax Appts. in GH 9:00 Stretch & Tone 10:00 Beg. Tai Chi 10:00 Pool Tips 12:00-1:00 Soup & Salad Bar 1:00 Belly Dance 1:00 TUESDAY AT THE MOVIES!</p>	<p>8 9:00 Beg. Line Dance 9:30 Line Dance 11:00 COMPUTER CONFIDENCE 11:00 Reini's Armchair Garden Tour 12:00-1:00 Soup & Salad Bar 1:00 Euchre 1:00 COMPUTER CONFIDENCE 2:00 Gentle Yoga</p>	<p>9 <i>Foot Care</i> Tax Appts. in GH 9:00 Stretch & Tone 10:00 Lessons in Watercolor <i>10:00 Memory Writers</i> 1:00 Cribbage 1:00 Zumba Gold <i>1:15 One Stroke Painting</i> 8:00 a.m. - 7:00 p.m. Day Trip to DIA</p>	<p>10 <i>BP Checks & Legal Aid</i> 9:30 Beg. Line Dance 9:30 Bingo 9:30 Gentle Yoga 10:00 Line Dance 11:00 Tap Dance 12:00-1:00 Soup & Salad Bar 1:00 Bridge 1:00 Hand & Foot 1:00 Gentle Tai Chi</p>		
	<p>13 10:00 Tai Chi 10:30 Scrabble 1:00 Bingo 1:00 Zumba Gold 2:00 Gentle Yoga</p>	<p>14 <i>Knitting</i> Tax Appts. in GH 9:00 Stretch & Tone 10:00 Beginning Tai Chi 10:00 Pool Tips 12:00-1:00 Soup & Salad Bar 1:00 Belly Dance <i>11:00 - 1:00 Valentine's Day Luncheon</i> </p>	<p>15 9:00 Beg. Line Dance 9:30 Line Dance 11:00 COMPUTER CONFIDENCE <i>Foxy Ladies Lunch</i> 12:00-1:00 Soup & Salad Bar 1:00 COMPUTER CONFIDENCE 1:00 Euchre 2:00 Gentle Yoga</p>	<p>16 Tax Appts. in GH 9:00 Stretch & Tone 10:00 Lessons in Watercolor 1:00 Cribbage 1:00 Zumba Gold</p>	<p>17 9:30 Bingo 9:30 Beg. Line Dance 9:30 Gentle Yoga 10:00 Line Dance 11:00 Tap Dance 12:00-1:00 Soup & Salad Bar 1:00 Bridge 1:00 Hand & Foot 1:00 Gentle Tai Chi 2:00 Diabetes Education</p>		
	<p>20 President's Day NOCCOA Closed</p>	<p>21 <i>Knitting</i> 9:00 Stretch & Tone 10:00 Beg. Tai Chi 10:00 Pool Tips 10:00 Book Club 12:00-1:00 Soup & Salad Bar 1:00 Belly Dance 1:00 TUESDAY AT THE MOVIES!</p>	<p>22 9:00 Beg. Line Dance 9:30 Line Dance 11:00 COMPUTER CONFIDENCE 12:00-1:00 Soup & Salad Bar 1:00 COMPUTER CONFIDENCE 1:00 Euchre 2:00 Gentle Yoga</p>	<p>23 9:00 Stretch & Tone  11:00-1:00 Birthday Party 1:00 Cribbage 1:00 Zumba Gold <i>1:15 One Stroke Painting</i></p>	<p>24 9:30 Bingo 9:30 Beg. Line Dance 9:30 Gentle Yoga 10:00 Line Dance 11:00 Tap Dance 12:00-1:00 Soup & Salad Bar 1:00 Bridge 1:00 Hand & Foot 1:00 Gentle Tai Chi</p>		
	<p>27 10:00 Tai Chi 10:30 Scrabble 1:00 Bingo 1:00 Zumba Gold 2:00 Gentle Yoga</p>	<p>28 <i>Knitting</i> 9:00 Stretch & Tone 10:00 Beg. Tai Chi 10:00 Pool Tips 12:00-1:00 Soup & Salad Bar 1:00 Belly Dance 1:00 TUESDAY AT THE MOVIES!</p>	<p>29 9:00 Beg. Line Dance 9:30 Line Dance 11:00 COMPUTER CONFIDENCE 12:00-1:00 Soup & Salad Bar 1:00 COMPUTER CONFIDENCE 1:00 Euchre 2:00 Gentle Yoga</p>				